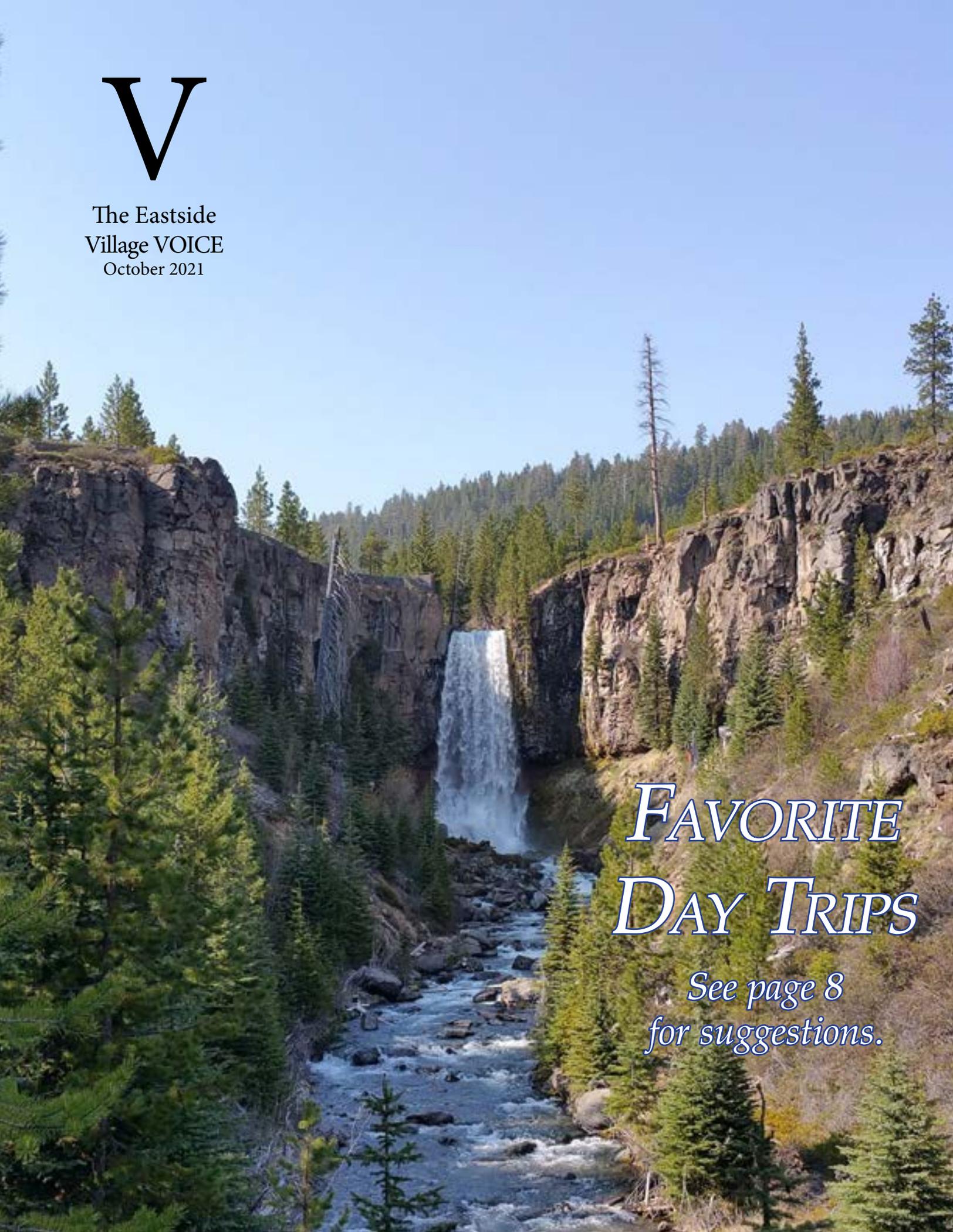




V

The Eastside
Village VOICE
October 2021



FAVORITE DAY TRIPS

*See page 8
for suggestions.*

3
Hear Ye, Hear Ye: It's Meeting Time Again!

5
Volunteer Profile: Glenn Applegate

7
Intrepid EVERS Out and About

8
Readers Write Back!

9
Going in Circles

10
Accounting Volunteers Needed

11
Weathergram Workshop Will Wow

12
It's Halloween Mask Time Again!

EV Office Adds a New Day

13
Some of EV's Newest Members

14
October Calendar of Events



The Eastside Village Voice is published monthly by Eastside Village PDX. EVPDX is a program of Villages NW, a 501(c)(3) nonprofit, which serves as the Hub for a network of community-based Spoke Villages across the Portland metro area. www.eastsidevillage.org | 503-866-0571 | info@eastsidevillage.org

Peg Farrell, Editor | Ellen Howard /
Marnie McPhee / Carlotta Richard, Writers/Proofers



HEAR YE, HEAR YE: IT'S MEETING TIME AGAIN!

JOIN US: SATURDAY, OCT. 16, 1-3 PM

Yes, it's that time of year when members of Eastside Village come together to approve the annual budget, hear what our Village has been up to since last fall, and elect two new Governing Council members. You can read their introductory statements below.

As with most things during these COVID-19 days, we won't be able to see one another in person and must—like late-night talk show hosts and state legislators—resort to a virtual Zoom gathering instead.

But fear not: you won't be faced with trying to make out the expressions on dozens and dozens of tiny faces or be forced to listen to that one person who insists on answering the phone without turning off her sound.



What you will see instead will be very much like watching a YouTube demonstration with the speaker in a small bubble in the corner of your screen. As Rod Serling, the wizard behind the old "Twilight Zone" TV show, might have said: we will control the audio; we will control

the video. You need only sit back and enjoy. (Don't have a laptop, tablet, or smart phone? No worries! Check the EV Website for the location of several Watch Parties where you can join others to see the meeting.)

While we can't entice you with a fabulous potluck as in past years, we can promise that there will be door prizes. So mark your calendars for **1-3 PM on Saturday, October 16**, and watch your email inbox for the sign-on link. (If you haven't done a Zoom meeting before, please contact the office; a volunteer will help get you set up.)

See you there!

(Did we mention door prizes??)

Introducing Jackie Lemieux, Candidate for EV Council

I was born and raised in Portland and married and raised my two sons here. I went back to school after they were older and attended Lewis and Clark College for my BS and graduate school.

In 2000, I moved to Boise and took a job with Boise State, where I taught Change Management and consulted with companies in strategic planning. I also served as the State facilitator for meetings between the alternative energy providers (solar, wind, and geothermal) and the confederated tribes in Idaho.

I met my second husband, Clayton Morgareidge, while I was in graduate school; we married in 2005 when I returned to Portland to work with Oregon's Department of Human Services and the Oregon Health Authority. I retired in January 2019.

Continued on page 4.

Continued from page 3.

My husband and I read an article in the *Oregonian* about Eastside Village early in 2019 and were intrigued by the concept. Unfortunately, Clayton was diagnosed with pancreatic cancer soon after that and died in January 2020. After reeling from months of COVID-imposed isolation, I joined Eastside Village in September 2020.

I soon found that Zoom gatherings were a great way for me to be introduced to the amazing people in our Village in a safe way. I've participated in the Friday morning Coffee Hours, and the Movie and Book Groups. I also volunteer for the Village and have enjoyed meeting more people while working in their yards and driving them around town.

Belonging to EV has brought me joy; I look forward to becoming more involved as time goes on.

Introducing Jim O'Connor, Candidate for EV Council

My wife Vickie and I joined Eastside Village after seeing a story in the *Sellwood Bee* and quickly met and became friends with our neighbors, Lucien and Anne-Marie Dallaire. We really enjoyed the RISE Circle meetings and we started to engage with other EV activities when we weren't busy grandparenting.



Vickie and I promoted EV at a tabling booth at the Clinton St. Street Fair. I have enjoyed the Men's Luncheons and more recently the Biking Group.

When Vickie passed in January 2021 from liver cancer, I appreciated the support and friendship I received from EV Members.

My career began with teaching religion in Catholic schools at a time of civil rights, women's rights, gay rights, and other potential great changes.

But I needed steady work with our son on the way, so I started working for a lumberyard: first in the prehung door shop, but then in the yard as a forklift operator loading and unloading trucks and

rail cars, making loads for houses and other structures, etc.

While there, I worked towards and achieved a master's in adult education, which was my ticket to a job at the University of St. Thomas in student admissions and advising with the evening MBA program. I ended my career at the University by doing database reporting.

I have been invited to serve on the EV Council. I look forward to meeting new people and engaging with the membership to continue to develop the strong and vibrant community that Eastside Village is already.



GLENN APPLGATE: VOLUNTEER EXTRAORDINAIRE

“Volunteer Extraordinaire” Glenn Applegate is a busy guy. “I’m not one to sit in a chair and read; I’d much rather do something and talk with people,” he explains.

Glenn was born in Hood River in 1937 but grew up in Sellwood and Westmoreland. Perhaps his happiest childhood memory was meeting a perky 12-year-old girl named Joy at the Lutheran church they both attended. They married in 1958, and in 1961 they moved to the house where

he still lives, in the Mt. Scott/Arleta neighborhood. There, they raised their son Greg and daughter Julie.

Glenn supported the family as a commercial printer. He worked for five different companies, running massive machines that were 20 feet wide by 100 feet long. He put in long days in the winter but often was just on call in the summer.

This suited Glenn and Joy to a *T*. If he didn’t have to work, he’d call her from the plant, she’d pack their camper, they’d eat dinner, and off they’d go.

They roamed like this throughout their 58-year marriage. For their

Continued on page 6.



VOLUNTEER PROFILE

Continued from page 5.

honeymoon, they spent two weeks camping from the Oregon coast to Baja. The following year, they took a month off and looped from Yellowstone to the Grand Canyon and Baja before returning home. They visited Joy's sister in Arkansas every other year. But mostly, they meandered.

"We said we just 'dinked' along, following backroads to places that looked interesting," Glenn notes. "We loved it. In fact, I quit two jobs because [my employers] wouldn't give me a month off so we could travel."

As soon as Glenn retired in 1999, they hit the road. They continued vagabonding until 2012, four years before Joy died.

Glenn still ventures out, both alone and with his daughter, son, daughter-in-law, and grandchildren. His motor home is parked behind his house, ready to roll. He says it's getting harder to handle it alone, although he did take three trips this summer to the Oregon Coast. Glenn also enjoys what he calls "day walks" in his neighborhood and at nearby sites.

He adds that his daughter Julie, who lives in Salt Lake City, is into fitness. "When we get together, we go hiking, camping, and kayaking," he notes. "When I was taking care of Joy at home, Julie encouraged me to take a High Impact Intensive Training class (dubbed 'Boot Camp') at the Mt. Scott Community Center. That's where I met [EV Member] Lucien Dallaire.

"Every so often, Lucien would ask me what I was doing to fill my life and suggested I might enjoy EV. After Joy passed away, I began volunteering with EV.

"I drive Members and do about two to three jobs a month for Members—things like installing a garbage disposal, converting fluorescent lights to LEDs, replacing garden railings, fixing dripping faucets, and installing curtains and blinds.

"I'm less active in summer, when I like to travel. This weekend, I loaned my car and utility trailer to three others, who filled it with a Member's yard trimmings. Jenny [Rockwood, EV's office manager] and I took the stuff to the yard-waste recycling site."

As if that's not enough, Glenn also works on other peoples' vintage cars (including hot rods), and he takes pride in keeping his 1968 VW Beetle in top shape. Plus, he does maintenance on buildings and yard work for his church. He just started back to Boot Camp and already sees improvements in his stamina.

Yes, he's a busy guy. "I don't like to do nothing," he says. "I'd rather be outside doing something, whether it's fixing something for someone, or kayaking on rivers and lakes, riding my bike, or walking. In the next couple of weeks, I'll drive east to see my brother, who lives in the mining town of Sumpter, in Eastern Oregon. Joy and I loved exploring the abandoned machinery, cabins, and towns in that area. From there, I'll visit Julie in Salt Lake."

Both his brother and daughter have projects waiting for him, and he's eager to get to work.

Glenn is glad he's stayed so active, despite COVID. He gives his involvement with EV a lot of credit for that. "I think EV has brought me a community I lost during COVID. I lost the church and gym [due to the pandemic]. I am grateful both are starting up again. Through EV, I've been able to do things for and talk with lots of different people. That makes me happy."

Marnie McPhee
EV Member

INTREPID EVERS OUT AND ABOUT



Have you been to the Coffee Hour's new location? The good folks at New Seasons on Woodstock have kindly opened their rooftop patio to us every Friday morning at 8:30. Despite the early morning chilly air, a good crowd gathers to start their day with friends.



The EV Bike Group is still going strong, taking advantage of good weather to explore a multitude of paths and byways in the greater Metro area. New riders are always welcome! Contact Lucien Dallaire for details about upcoming rides.

Four brave EV Members recently took advantage of a lovely Thursday afternoon to make a memorable rafting trip down the Clackamas River. After a brief tutorial on proper rowing technique (as *not* illustrated here) from their patient guide, Ann, Catha, Mary Ann, and Peg peacefully travelled several miles through the beautiful McIver State Park.



READERS WRITE BACK

The EV Newsletter will be starting a recurring feature we're calling "Readers Write," and we need YOUR help! Each month, we'll feature a question and ask YOU for your thoughts, comments, ideas, memories, etc. To be able to print as many replies as possible, we're imposing the following restrictions: Only one response per person and no more than 100 words each. Submissions are due on the 24th of each month and should be sent to editor@eastsidevillage.org.

Intrigued? Curious? Excellent! Here are the topics for the next couple months:

November: What are you thankful for? **December:** Looking back, what good happened to you this past year?

This month's topic was *What is your favorite day trip?* Feel free to share with us (via the Forum) your go-to trip when you "just gotta leave town, if only for just a day."

Into the Woods

When the heat of summer transitions into the soothing coolness of fall rains, we are ready with our boots, bags, whistles, orange shells, maps, snacks, and a healthy dose of optimism.

It's all about the hunt!

Sometimes, we'll forage on an edible mushroom garden. But even if we get skunked, we're not discouraged.

Like the "lucky" blackjack player (my mom) who returns again and again to the table, there's a pull that directs US into the woods.

We are outdoors, tromping around, breathing in the conifers, and appreciating being in the moment.

Claire Cofsky
EV Member

Hood River "Fruit Loop"

I love a day trip through Oregon's Fruit Loop. [[Fruit Loop Map](#)]

A group of friends and I meet up in a Hood River coffee shop around 10 AM, enjoy a quick "catch up," and then form a caravan heading south towards Mt. Hood.

We stop along the route at various orchards that feature special baked goods or Halloween/harvest-themed garden tours. We end up in Parkdale with a beautiful view of the mountain.

Along the way back, we pause to see llamas and lavender farms. Lunch is offered in several places on the Loop.

Mary Beth Young
EV Member

Making the Gorge Loop

One day trip I delight in regardless of season is my Gorge Loop.

It begins on Historic Highway 30, which I take as far east as I can, then transition to I-84. Once in Hood River, I'll stop for lunch somewhere near the yarn shop downtown.

From there, I'll cross over into Washington and leisurely take Hwy. 14 back to Vancouver, delighting in the views of mountains and water.

I'll often stop, roll down my window, and drink in the sounds, smells, and colors around me. Grateful again that I live here.

Peg Farrell
EV Member

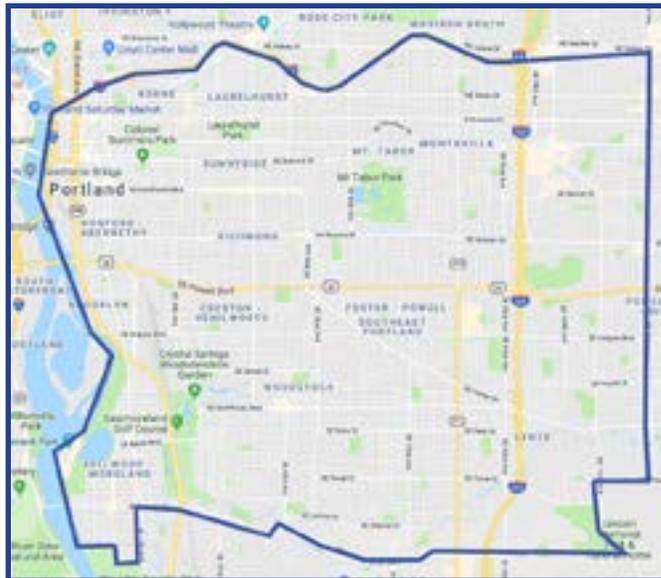
GOING IN CIRCLES

Villagers are undoubtedly familiar with our use of smaller neighborhood “Circles.” For several years now the Circles have formed the basis for both social gatherings and the distribution of items ranging from valentines to masks to the plastic pill bottles used to contain vital information about our health and welfare.

How did the Circles come about? Are we all satisfied with the Circles to which we’ve been assigned, according to our locations on the map of Portland? Unlike so many things these days, there are answers to these questions.

Cary Hixon has those answers. She reports that six years ago two Villages were about to start up where our one Village now stands: the RISE Village would have covered the territory south of Powell Boulevard, while Eastside Village would extend north from there to I-84.

The people who hoped to get both Villages up and running in a timely manner soon understood that neither of them could likely enlist enough Members to make them functional. But what if they joined together? It became apparent that a merger would gather enough folks to make volunteer services possible.



But would this larger geographical area prove *too* large? It might be too much to ask for a Volunteer from one end of EV to drive a Member from second distant point to a third destination far from them both. But in fact, in almost all cases, it *did* work.

Another early goal was to help Members who lived nearby get to know one another better. The hope was that we could call on each other on a more regular basis and even

provide help for one another when there wasn't time to make a more formal request to the EV Office.

Loyalty to one's neighborhood association is a real phenomenon on our side of the Willamette, Cary noticed. By grouping the Members in

several neighborhoods together, we could form four groups, or “Circles,” of roughly equal Member size that would make both distributions and more intimate gatherings possible. These became the Circles known as RISE, Bagdad, Sandy Branch, and the Eastsiders.

Over time, our membership numbers have grown dramatically, such that these small “intimate” groups are now quite large: the Bagdad Circle now has 25 Members, the

Continued on page 10.

Continued from page 9.

Eastiders has 33, RISE is now 36, and Sandy Branch has 12. There are many who question whether the original hoped-for gatherings can still occur, given the capacity of most people's homes or back yards.

EV's Governing Council has looked into the situation and has considered several options: abolish the Circles altogether; redraw their boundaries to make them smaller and/or more equal in geographical size or membership; or let things stand. The plan that gathered most support was to leave Circles within their current boundaries but allow all Members to attend any Circle's events (as long as its organizers receive timely notice, for the sake of planning).

Looking ahead to a post-COVID world, the hope is that Circles continue to increase local friendships with regular events while drawing in participants from all of Eastside Village.

*Craig Johnson
EV Member*

.....

ACCOUNTING VOLUNTEERS NEEDED

Villages NorthWest (VNW) is the "hub" organization to which Eastside Village and the ten other Villages in the Portland area are affiliated. It holds the official nonprofit charter and coordinates the legal and financial activities of the Villages. Recent changes in its volunteer financial staff have led to a review of VNW's accounting operations and a rethinking of its staffing needs.

To that end, the Villages NW Board is seeking a pair of volunteer accounting professionals with the experience and analytical skills to oversee the financial operations of the organization and to help it grow.

The Controller(s) would be responsible for carrying out the day-to-day functions of accounts payable, accounts receivable, and funds transfers. The

second position, Treasurer, would be responsible for supervising the work of the professional contracted accountants as well as the volunteer Controllers. The Treasurer would also serve as a member of the Board of Directors.

The goal is that both positions, once the volunteers are familiar with VNW operations, would each require approximately 5 hours per week. The Board of Directors would like to fill both positions as soon as possible.

Interested candidates should contact Interim Treasurer, Justin Curtiss at jcurtiss@villagesnw.org for additional details.



WEATHERGRAM WORKSHOP WILL WOW

I'm Jackie Lemieux and I would like to teach you how to make Weathergrams.

Weathergrams are the invention of Lloyd J. Reynolds (1902–1978), who taught calligraphy at Reed College. The Weathergram is a very short poem of ten words or fewer, written on grocery-bag paper, hung outside with twine, and allowed to decompose or blow in the wind. The Weathergram can be hung on a bough or branch in the garden, a campsite, or along a mountain trail.

It is left out between solstice and equinox or between equinox and solstice (although I tend to leave mine out all year). I send them out each year around solstice to friends and family and find that they are a wonderful way to acknowledge the holiday season.

Every year the Portland Society for Calligraphy works together to make Weathergrams to hang all around Reed College in honor of Lloyd Reynolds or for other special occasions at the College.

Each person can write their own words on the Weathergram; observations from nature or other insights work well. I will provide some examples at the workshop.



You may also use the words of others.

I will have examples of design ideas and each person should leave the workshop with a number of Weathergrams and the skills to make more.

Materials that will be provided for our workshop:

- Plain grocery bags
- Hole punch
- Jute twine
- Scissors

Please bring:

- Pencil for making guidelines
- Vermillion acrylic ink
- Pen with black waterproof ink
- A signature chop, Chinese seal, or something to mark/sign your Weathergram
- Creative ideas, observations, and insights for what you would like to write on your Weathergram

*Jackie Lemieux
EV Member*

Weathergram Workshop with Jackie Lemieux

Thursday, October 28, 2021
10 AM – Noon

Fireside Room, Trinity United
Methodist Church
3915 SE Steele Street

***Please register online to
reserve your spot.***

GET OUT YOUR GLUE GUN: IT'S HALLOWEEN MASK TIME AGAIN!

OK, folks, it's time to get out the glitter, poster paint, ModgePodge, glue gun, or whatever your favorite crafting tool is and put them all together to make your very own punny, er, *funny* Halloween mask! Or scariest or prettiest—your choice.

Send a good photo of it to Mary Beth Young no later than 3 PM on Wednesday, October 27. She will put together a ballot and all EV Members and Volunteers are welcome to vote for their favorites by Friday afternoon.

Winners will be announced shortly thereafter and will be awarded their very own super-cool trophy.

Come on, it'll be fun! Let your inner child run free!



L—R: Peg Farrell's "Funniest Mask" and its trophy; "Prettiest Mask" by Anne-Marie Dallaire; and "Scariest Mask" award presented to Jo Ann Herrigel by Mary Beth Young, Program Coordinator.

EV OFFICE ADDS A NEW DAY

Thanks to a staff of wonderful volunteers, the EV Office will now be open again Monday through Friday, starting October 8. Office hours remain the same: 10 AM to 2 PM. Stop by when you're in the neighborhood and say "Hi!"



SOME OF EV'S NEWEST MEMBERS

We ask every new Member the same five questions as a way to introduce them to the Village. Here are more responses from some of our newest Members. Watch for others next month!

Jo-Ann Sowers

1. How did you hear about Eastside Village?

I became aware of it a few years ago, but am not sure of the source.

2. What interests you about the Village?

I joined for the social activities, but now that COVID is surging, I'm not participating in any events other than a few of the hikes.

3. What are your interests? What activities and/or groups do you plan to be active in?

I am a devoted bike rider and love to go on long country rides. I read/listen to several books a week. I'm going to take up quilting. I also love gardening. Finally, I'm a news junkie: I subscribe to *The New York Times*, *Washington Post*, *Los Angeles Times*, and the *Oregonian*.

4. How long have you lived in Portland?

For 30 years.

5. What would you like EV Members to know about you?

I am always excited to learn new skills and information. I love to take on new challenges.

give me some help with tech matters like my computer, Kindle, cell phone, etc. It's been very helpful!

I had a health scare in mid-August, which made me feel that I need to stick closer to home. So I don't go out alone any more.

3. What are your interests? What activities and/or groups do you plan to be active in?

I like to go out for coffee, so I joined the Friday Coffee Hour. I crochet, so I want to join the Knot Just Knitting group. Since I no longer have a car, I usually go everywhere by bus.

4. How long have you lived in Portland?

Since 2005.

5. What would you like EV Members to know about you?

I'm quiet and keep to myself. I don't mean to be unfriendly, but I really must make the effort to get out and be among people. I raised 4 kids and I really enjoy living alone! I like to have fun and have a goofy sense of humor.

Patricia Lopresti

1. How did you hear about Eastside Village?

My daughter is part of an informal social group organized by (EV Member) Derianna Mooney. Derianna mentioned the Village and my daughter told me about it. Since then, I've been almost overwhelmed with information!

2. What interests you about the Village?

Initially, I was attracted to the idea of having someone to run errands for me and



CALENDAR FOR OCTOBER 2021

R = Register online or with office. **MV** = Attendance limited to Eastside Village Members or Volunteers. **IP** = Events held in person. **Z** = Events held via the Zoom online conference platform. See the Events Calendar for each event's link.

1 RISE Pizza Party

(R, MV, IP) Join us for lunch at Pizza Roma (4715 SE Woodstock Blvd.). Please register online or with the office. 12–2 PM

1, 8, 15, 22, & 29 Coffee Hour

(MV, IP/Z) Join us in person at 8:30 AM on the 2nd story of New Seasons Market (4500 SE Woodstock Blvd.) or by Zoom at 9:30 AM.

4, 11, 18, & 25 Happy Hour

(MV, Z) Share stories of what you're happy about with fellow EV folks. 5–6 PM.

5, 19 Tuesday Hiking Group

(MV, IP) See online calendar for location details. 10:30–11:30 AM.

6, 20 EV Movie Club

(R, MV, Z) We watch a movie individually, then talk about it together. 3–4 PM.

9 Virtual EV 101

(R, Z) Zoom in for a virtual introduction to Eastside Village. Please sign up with the office. 10–Noon.

12 EV Book Groups

(R, MV, IP) We will discuss *The Orchid Thief* by Susan Orlean. Registration is required. 10–Noon.

14 EV Council Meeting

(R, MV, Z) Please contact the office if you wish to attend. 10–Noon.

16 EV Fall Member Meeting

(R, MV, Z) Please see p. 3 for more information. 1–3 PM.

20 Men's Lunch with Adult Beverages

(R, MV, IP) Join the EV men for a hike/walk, bag lunch, and conversation. 12–2 PM.

26 EV Website Tutorial

(R, MV, Z) Need help maneuvering the EV website? Watch via Zoom while Marilyn Lipko shares her screen, going through the website's basic functions. This also is a great intro to Zoom. Please join us! 11–Noon.

28 Weathergrams with Jackie Lemieux

(R, MV, Z) Please see article on p. 11 for more information. 10 AM–NOON.

30 EV Climate Crisis Crew

(R, MV, Z) Join us to share ideas, from small and energizing changes in how we live our lives, to what we can do together. 12–2 PM.

31 Knot Just Knitting

(R, MV, IP) Bring your project or problems and let's have fun together. 1–3 PM.